

WHAT SERVICES ARE PROVIDED?

The specially trained nurses at RCA's Outpatient Coumadin Clinic work with your cardiologist to provide you with complete management of your anticoagulation therapy.

Our services include:

- ◆ *Monitoring of your INR with results available within minutes.*
- ◆ *Medication dosage adjustment based on your INR results.*
- ◆ *Screen of drug and food interactions.*
- ◆ *Patient education*
- ◆ *Face-to-face consultations*
- ◆ *Results communicated to your Primary Care Physician.*

Regional Cardiology Associates, PLC

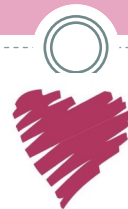
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10/17

Outpatient Coumadin Clinic

Immediate Results.

Rapid Action.

Better Outcomes.



**Regional
Cardiology
Associates, P.L.C.**



What is the RCA Outpatient Coumadin Clinic?

RCA's Coumadin Clinic provides convenient, effective and real time management of Coumadin® therapy on an outpatient basis.

Coumadin therapy, also known as anticoagulation therapy, is the use of a medication to help prevent blood clots and is often referred to as a "blood thinner." If your cardiologist prescribes Coumadin, Jantoven or warfarin to help treat or prevent a serious blood clot condition, you should routinely have your INR (international normalized ratio) checked. Coumadin therapy can be harmful medication if it is not monitored closely.

At RCA's Coumadin Clinic, you will receive quality, individualized care while you take this medication. Our clinic is staffed by specially trained registered and licensed nurses.

WHAT SHOULD I EXPECT?

The initial visit includes:

- Signing a patient contract
- Reviewing your medical and family history, current medications, allergies and bleeding history.
- Checking your INR with a fingerstick test. INR is a measure of how long it takes your blood to clot.
- Evaluating INR results and making any needed dosage modifications.
- Receiving patient education
- Scheduling a follow-up appointment
- Results communicated to your primary care physician.



Follow-up visits include:

- Reviewing any medication or health changes, missed doses or signs of bleeding.
- Checking your INR with a fingerstick test.
- Evaluating INR results and making any needed dosage changes.
- Scheduling a follow-up appointment. Some patients need to be seen every couple of weeks while others might need to be seen once a month.
- Supervision and oversight management by your RCA cardiologist.
- Results communicated to your primary care physician.

HOW DO I GET ENROLLED IN THE CLINIC?

Your RCA cardiologist can refer you to the Coumadin Clinic.

WHAT ABOUT INSURANCE AND BILLING?

RCA will bill your insurance for the fingerpoke test and, if appropriate, a nurse visit when medication dose changes are made or when symptom management occurs. We recommend you contact your insurance company to confirm coverage and any copays and/or deductibles before you schedule your appointment if you have any concerns.

WHAT SHOULD I BRING TO MY APPOINTMENTS?

Please bring a complete list of the medications you take to each visit. This includes all prescription, over-the-counter and herbal medications .



*Hours of Coumadin Clinic Operation:
Monday - Thursday 9 a.m. to 4:00 p.m.*